

Bachelor of Science in Public Health (B.S.P.H.) – Health Promotion

2023-2024 Academic Catalog, Bachelor of Science in Public Health – Health Promotion Concentration

Academic Core for B.S.P.H.		40 Hours	B.S.P.H. – Health Promotion Conc.	56 Hours
CHRISTIAN STUDIES		6	MAJOR REQUIRED COURSES	
CSBS 1311	Engaging the Old Testament	3	BSPH 2335	Foundations of Health Sciences
CSBS 1312	Engaging the New Testament	3	BSPH 2350	Principles of Health Education and Promotion
ENGLISH		9	BSPH 2352	Personal Health and Fitness
ENGL 1321	Rhetoric & Composition I	3	BSPH 3315	Community and Public Health
ENGL 1322	Rhetoric & Composition II	3	BSPH 3320	Program Planning in Health Education and Promotion
ENGL	Literature	3	BSPH 4310	Theories in Health Behavior
<i>A grade of a "C" or higher is required in ENGL 1321 and ENGL 1322.</i>			BSPH 4340	Health Program Evaluation
EXERCISE & SPORT SCIENCE – SELECT TWO DIFFERENT COURSES		2	BSPH 4360	Pathophysiology of Chronic Disease
EXAC	Activity Course	1	BSPH 4392	Tests and Measurements in EXSS
EXAC	Activity Course	1	BSPH 4344	Leadership in Health Science
FINE ARTS – SELECT ONE		3	BSPH 4350	Internship in Public Health
ARTS 1350	Art Appreciation	3	BSPH 4285	Capstone in Public Health
COMM 2335	Film Appreciation	3	BSPH 4191	Seminar in Public Health
FINA 2330	Exploring the Fine Arts	3	<i>Grades of "C" or better required in all courses in the Public Health major.</i>	
MUSI 1340	Music Appreciation	3	HEALTH PROMOTION CONCENTRATION	
THEA 2350	Introduction to the Theatre	3	BIOL 2340	Human Anatomy & Physiology I
WORLD CULTURES – SELECT ONE		3	BIOL 2140	Human Anatomy & Physiology I Lab
ARTS 2354	World Art	3	BIOL 2380	Microbiology
EXSS 2353	Lifespan Nutrition	3	BIOL 2180	Microbiology Lab
GLBL 2310	Cultural Immersion	3	MATH 2303	Statistics
HIST 1311	History of World Civilizations to 1500	3	PSYC 2311	Developmental Psychology
HIST 1312	History of World Civilizations since 1500	3	SOCI 1311	Introduction to Sociology
MUSI 2358	World Music	3	SOCI 3325	Human Diversity
PHIL 2315	Introduction to Philosophy	3	<i>Recommended support courses:</i>	
<i>EXSS 2353 is recommended</i>			<i>EXSS 2355, EXSS 3310, EXSS 3354, EXSS 3376, EXSS 3378, EXSS 3395, EXSS 4395</i>	
LAB SCIENCE		4	Electives	
BIOL 2141	Human Anatomy & Physiology II Lab	1	24 Hours	
BIOL 2341	Human Anatomy & Physiology II	3	UPPER LEVEL ELECTIVES	
PUBLIC SPEAKING		3	6	
COMM 1320	Public Speaking	3	You need 6 additional Upper Level hours to reach your 36 required hrs.	
MATHEMATICS		3	ELECTIVES	
MATH 1306	College Algebra	3	18	
SOCIAL SCIENCE		3	You need 18 additional hours to reach your overall 120 required hrs.	
PSYC 1301	General Psychology	3	Total Hours	
US HISTORY OR US GOVERNMENT – SELECT ONE		3	Academic Core for B.S.P.H.	
HIST 2311	American History to 1877	3	Major Required Courses	
HIST 2312	American History since 1877	3	Health Promotion Concentration	
POLS 2305	United States Government	3	Upper Level Electives	
POLS 2306	Texas State and Local Government	3	Electives	
FRESHMAN SEMINAR		1	18	
UMHB 1101	Freshman Seminar	1	Total hours required for graduation	
CHAPEL – 1 to 4 credits			120	
UMHB 1002	Chapel		Additional Graduation Requirements	
Fine Arts Experience – 2 to 8 credits			Minimum Upper Level hours	
UMHB 1005	Fine Arts Experience		Minimum hours taken at UMHB	
			Minimum Upper Level hours taken at UMHB	
			Minimum cumulative GPA	